

# Hands Up For Love

**Choreographer:** Dwight Meessen – Sept 2016

**Count:** 32 / **Wall:** 4 / **Level:** Improver

**Music:** Lou Bega – Hands Up For Love

**Intro: 32 counts**

**S:1 R Side Rock, Recover, Behind-Side-Cross, L Side Rock, Recover, Behind-Side-Cross**

1-2 Rock RF out to right side, recover weight on LF

3&4 Cross RF behind LF, step LF to left side(&), cross RF over LF

5-6 Rock LF out to left side, recover weight on RF

7&8 Cross LF behind RF, step RF to right side(&), cross LF over RF

**S:2 R Side Rock, Recover ¼ Left, Shuffle ½ Turn, Back, Back, Behind-Side-Cross**

1-2 Rock RF out to right side, recover LF ¼ Left (9)

3&4 Step RF ¼ left (6), step LF beside RF(&), step RF ¼ left back (3)

5-6 Walk back L, R

7&8 Cross LF behind RF, step RF to right side(&), cross LF over RF

**\*Restart in wall 6 & wall 9**

**S:3 R Side, Touch, Side, Together, Fwd, R Mambo Fwd, L Mambo Back**

1-2 Step RF to right side, touch LF beside RF

3&4 Step LF to left side, step RF beside LF(&), step LF forward

5&6 Rock RF forward, recover weight on LF(&), step RF beside LF

7&8 Rock LF back, recover weight on RF(&), step LF beside RF

**S:4 Pivot ½ Turn Left, Cross Samba, Cross, Side, Behind-Side-Cross**

1-2 Step RF forward, pivot ½ turn left (9)

3&4 Cross RF over LF, rock LF out to left side(&), recover weight on RF

5-6 Cross LF over RF, step RF to right side

7&8 Cross LF behind RF, step RF to right side(&), cross LF over RF

**Have Fun!**

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